

ABSTRACT OF THE DISCLOSURE

A binding for a snowboard has: a base plate; a boot fixing band including a belt portion and a pad portion, the belt portion
5 being mounted on one side of the base plate with one end thereof;
a hardness adjusting plate mounted on the boot fixing band;
a buckle connected to the hardness adjusting plate on the other
end side of the boot fixing band; and a belt having one end
mounted on the other side of the base plate, and the other end
10 engaged with the buckle.